



Highlights

For Computer Users

- Transform an ordinary surface into an ergonomic, height-adjustable computer workstation; realize greater comfort and increased productivity
- Enjoy the benefits of decreasing sedentary behavior, such as burning extra calories, toning muscles, improving posture, increasing blood flow and ramping up metabolism
- Keyboard and display(s) easily lift with a single, fluid motion using our patented ConstantForce™ Technology
- Back-tilt keyboard tray ensures wrists remain in a proper ergonomic neutral position; includes large worksurface and keyboard tray



For IT and Facilities Staff

- Simply clamp WorkFit-S to the front of almost any surface; no need to hire professional installers
- Three models available to support light, heavy or dual monitors
- Open architecture supports your needs now and into the future
- Durable, easy-to-clean exterior composed of aluminium, high-grade plastic and powder coated painted steel

For HR/Risk Management

- Offer sit-stand workstations to employees to promote wellness and offer computing comfort

ERGOTRON®

WorkFit-S Sit-Stand Workstation – Black



WorkFit-S also available in white

Sit and stand throughout the day for a healthier way to work!

Sitting for long hours in front of a computer at work or home? The WorkFit-S from Ergotron provides proper ergonomic positioning of your display(s) and keyboard to inspire a healthier, more productive sit-stand routine. WorkFit-S transforms almost any surface into a personalized height-adjustable desk to help computer users counteract the harmful effects of increasingly sedentary life and work styles.

- ① Easily clamps to the front of any surface .47–2.4" (1, 2–6 cm) thick
- ② Lift range: LCD and keyboard tray adjust 18" (46 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment = 23" (58 cm)
- ③ Integrated large worksurface provides quick access to task-related and other items
- ④ Ergonomic, large keyboard tray adjusts 18" (46 cm); tray tilts back 5° to ensure wrists remain in a neutral position for increased comfort and productivity
- ⑤ Three models available to support a single light-duty display, a single heavy-duty display or two displays



WorkFit-S, LCD LD

WorkFit-S, LCD HD

WorkFit-S, Dual

Part # (color)	33-342-200 (black) With Worksurface+ 33-350-200 (black)	33-344-200 (black) With Worksurface+ 33-351-200 (black)	33-341-200 (black) With Worksurface+ 33-349-200 (black)
Includes	33-342-200: Height-adjustment column, desk clamp, LCD pivot, keyboard tray with left/right mouse tray 33-350-200: Height-adjustment column, desk clamp, LCD pivot, worksurface, large keyboard tray	33-344-200: Height-adjustment column, desk clamp, LCD pivot, keyboard tray with left/right mouse tray 33-351-200: Height-adjustment column, desk clamp, LCD pivot, worksurface, large keyboard tray	33-341-200: Height-adjustment column, desk clamp, crossbar, two (2) LCD pivots, keyboard tray with left/right mouse tray 33-349-200: Height-adjustment column, desk clamp, crossbar, two (2) LCD pivots, worksurface, large keyboard tray
	Desk Clamp attaches to surface edge .47–2.4" (1,2–6 cm) thick		
Typical LCD Size	≤ 24"	≤ 30"	≤ 24" Maximum LCD outside width: 24.5" (62 cm) See website for details
LCD SIZE IS APPROXIMATION. DIMENSION IS DIAGONAL MEASUREMENT OF SCREEN. LCD SIZE MAY BE EXCEEDED AS LONG AS SCREEN WEIGHT DOES NOT EXCEED MAXIMUM WEIGHT CAPACITY OF THE MOUNT.			
Weight Capacity	33-342-200: LCD Pivot capacity 6–16 lbs (2.7–7.3 kg) Maximum load on height-adjustment assembly 24 lbs (11 kg). Includes weight of display in addition to contents on Keyboard Tray 33-350-200: Maximum load on height-adjustment assembly 18 lbs (8.2 kg). LCD pivot capacity 6–16 lbs (2.3–7.3 kg), worksurface ≤ 5 lbs (2.3 kg), keyboard tray ≤ 5 lbs (2.3 kg). For proper operation the total weight of components when added together should not exceed 18 lbs (8.2 kg)	33-344-200: LCD Pivot capacity 16–28 lbs (7.3–12.7 kg) Maximum load on height-adjustment assembly 35 lbs (16 kg). Includes weight of display in addition to contents on Keyboard Tray 33-351-200: Maximum load on height-adjustment assembly 29 lbs (13.2 kg). LCD pivot capacity 16–28 lbs (7.3–12.7 kg), worksurface ≤ 5 lbs (2.3 kg), keyboard tray ≤ 5 lbs (2.3 kg). For proper operation the total weight of components when added together should not exceed 29 lbs (13.2 kg)	33-341-200: LCD weight 6–14 lbs (2.7–6.3 kg) each, 12–28 lbs (5.5–12.7 kg) combined. Maximum load on height-adjustment assembly 31 lbs (14 kg). Includes weight of display in addition to contents on Keyboard Tray 33-349-200: Maximum load on height-adjustment assembly 25 lbs (11.4 kg). LCD weight 6–14 lbs (2.7–6.3 kg) each, worksurface ≤ 5 lbs (2.3 kg), keyboard tray ≤ 5 lbs (2.3 kg). For proper operation the total weight of components when added together should not exceed 25 lbs (11.4 kg)
Lift	33-342-200, 33-344-200, 33-341-200: LCD/keyboard adjust 18" (46 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment 23" (58 cm) 33-350-200, 33-351-200, 33-349-200: LCD/keyboard adjust 18" (46 cm) in tandem; LCD adjusts 4.8" (12.2 cm) independently; maximum LCD height adjustment 22.8" (58 cm). The worksurface restricts the vertical travel range of the LCD lift pivot; height adjustment of LCD without worksurface is 5" (13 cm)		
Tilt	30°	30°	—
Pan	—	—	—
Rotation	360°	90°	360°
VESA	MIS-D See website for details	MIS-D/E/F See website for details	MIS-D See website for details
Warranty	5 years		
Shipping Dimensions	8"H x 23"W x 44"D (20 x 58 x 115 cm)		
Shipping Weight	33-342-200: 38.5 lbs (17.5 kg)	33-344-200: 38.5 lbs (17.5 kg)	33-341-200: 40 lbs (18 kg)
	33-350-200: 44 lbs (20 kg)	33-351-200: 44 lbs (20 kg)	33-349-200: 45.5 lbs (20.7 kg)



**WorkFit Conversion Kit:
Dual to LCD & Laptop
97-617**

This kit converts a WorkFit-S, Dual Workstation into a WorkFit LCD & Laptop Workstation



**Worksurface for WorkFit-S
97-581-019 (black)**



**Tablet/Document Holder
for WorkFit-S
97-558-200 (black)**
Includes lift handle



**Large Keyboard Tray for
WorkFit-S
97-653 (black)**

**Deep Keyboard Tray for
WorkFit-S
97-651 (black)**



**Hinged Bow for WorkFit-S
97-583-009 (black)**

**Grommet Mount for
WorkFit-S
97-649-085**

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Ergotron devices are not intended to cure, treat, mitigate or prevent any disease.

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